

Buran Ghati Trek

6 nights, 7 days

Overview

Buran Ghati is a famous trek and a newly trek. This trek will surely refresh you with beautiful landscapes it has to offer. There is a thicker and denser forest of oak and pine trees when you walk through them. The lush green meadows, the sharp edges at high altitude, the snow-clad peaks all around, the villages, etc are some of the magnificent sights you will come across the journey. One of the highlights of the trek is Chandra Nahan lake that is at high altitude. The lake is considered sacred by many locals in the area. The view from the Buran pass is mesmerizing. The trail to Litham is filled with forests and meadows and there is the Dunda. If any campsite can give you the beauty of an alpine mountain zone and the thrill of a splendid climb to come, then Dunda will be among the best. Barua, on the other side of the pass, is a charming old village that would distinctly remind you of Hobbiton from Lord of the Rings. Old houses, fruit-bearing trees, alleyways – it is a world of its own. There are rapid scenery changes, and save for the pass day, most days are easy-moderate. If you are looking for a summer or autumn trek, don't think twice, go for Buran Ghati.

Buran Ghati Trek Package Cost

- Triple Sharing: Rs. 17499/- per person
- Double Sharing: Rs. 18999/- per person

© 2026, Treks and Trails India

Buran Ghati Trek Itinerary

Day 1: Shimla to Janglik (150 km Drive)

The group will assemble in Shimla at the Old Bus Stand at approximately 6:30 AM. From here, embark on a scenic drive towards Janglik, passing through the picturesque valleys via Khadapathar or the charming routes of Narkanda and Rohru. This 8-9 hour journey is a visual delight, offering vast verdant landscapes and quaint villages along the way. Upon arrival at Janglik village, you will receive a briefing on the trek ahead, setting the stage for the adventure. As night falls, gather around a cozy bonfire, enjoy a hearty dinner, and camp under a starlit sky. Overnight stay at Janglik.

Day 2: Janglik to Dayara Thach (8 km Trek)

Wake up to the serene surroundings of Janglik and take some time to explore this heritage-rich village, a paradise for photographers with its traditional wooden architecture. After a leisurely breakfast, commence the trek to Dayara Thach. The trail meanders through thick forests and expansive meadows, offering a moderate yet enchanting 4-5 hour trek. Upon reaching Dayara Thach, marvel at the breathtaking meadow that sprawls before you. Enjoy dinner followed by an overnight stay at Dayara Thach.

Day 3: Dayara Thach to Litham Thach (6 km Trek)

Begin the day by exploring the picturesque meadows of Dayara before setting out for Litham Thach. The trail is adorned with dense forest cover, gushing streams, and lush meadows, leading to an altitude gain of 737 feet over three hours. Crossing the Gunas Pass, you will be welcomed by the snow-clad Dhaulandhar range and the pristine beauty of Silver Birch. To reach the Litham campsite, cross the Chandranahan stream and settle into this idyllic setting, offering stunning views of the Chandranahan Waterfalls and Chandranahan Lake. Enjoy dinner and an overnight stay at Litham Thach.

Day 4: Chandranahan Lake Excursion (8 km Trek)

Embark on an adventurous excursion to Chandranahan Lake, a mesmerizing glacial tarn nestled in an amphitheater of perennial snow. Follow the shepherds' trail to the top of the waterfall, a journey that takes about an hour and offers breathtaking views. Upon reaching the lake, take in the serene beauty of the surrounding snow and stone cairns

© 2026, Treks and Trails India

before descending back to Litham Thach. Unwind in the tranquil environment, followed by dinner and an overnight stay at Litham Thach.

Day 5: Litham Thach to Nalabansh (5 km Trek)

Set out on a 4-hour trek from Litham Thach to Nalabansh, situated at an altitude of 13,000 feet. The trail takes you through the dramatic cliffs of the Rupin Valley, revealing the first glimpses of Buran Ghati and the cascading Gunas Waterfall. After a steady climb of over an hour, you will arrive at the peaceful campsite of Nalabansh. Relax under the star-studded sky, enjoy dinner, and spend the night at Nalabansh.

Day 6: Nalabansh to Munirang via Buran Ghati (7 km Trek)

Brace yourself for an exhilarating day as you ascend to Buran Ghati at an impressive altitude of 15,000 feet. Though the climb is demanding, the reward is an unmatched sense of accomplishment and breathtaking views of the pristine snowline. After reaching the pass, begin a two-hour descent, crossing a flowing stream to reach the scenic Munirang campsite. Enjoy a well-earned dinner and a restful night at Munirang.

Day 7: Munirang to Barua Village, Kinnaur | Drive to Shimla (6 km Trek, 200 km Drive)

On the final leg of the trek, descend from Munirang to the charming Barua Village in Kinnaur. This 2-3 hour descent offers a gentle pace, allowing you to soak in the last moments of this incredible journey. Upon arrival at Barua Village, experience the warm hospitality of the locals. From here, commence your drive back to Shimla, reflecting on the unforgettable adventure. Expect to reach Shimla around 9:00 PM, and it is recommended to book your return bus after 11:00 PM.

Dates and Rates

- Sorry no more departures available. You could get in touch with us at highfive@treksandtrails.org if you'd like to make a booking.

Itinerary

Q1. Which is the base camp of the Buran Ghati trek?

© 2026, Treks and Trails India

Janglik is the basecamp of the Buran Ghati trek.

Q2. How do I reach basecamp (Janglik)?

A vehicle will be arranged from Shimla and the departure time is 6:30 am.

Q3. Where are we going to accommodate?

The stay will be in camps on all trekking days.

Q4. How many people can stay in one tent?

We provide tents on a twin-share basis, and three people can also be accommodated.

Q5. What type of food will be served?

We provide a variety of healthy and delicious foods. Check the food menu here: Food Menu

Q6. What is the best time to do the Buran Ghati trek?

The Buran Ghati trek is best done in May, June, September, and October.

Q7. When can we find snow on this trek?

Snow is there from the month of December to April. Light snowfall may occur before December.

Q8. What will we do if it rains there?

The tents are waterproof, and if it rains while trekking, then use a rain cover for your backpack and a poncho will keep you dry.

Q9. Is this trek good for children and beginners?

The Buran Ghati trek is suggested for adults because some sections are tough and fit beginners can go for this trek.

Q10. Can we rent items?

Yes, you can rent jackets, trekking shoes, hiking poles, and backpacks.

© 2026, Treks and Trails India

Q11. What if I want to offload my backpack?

If, for some reason, you are unable to carry your backpack, then you can keep it at the office. Applicable charges are Rs 300 per backpack per day.

Q12. Where is the last ATM point and will there be networks during the trek?

Withdraw your money at Shimla. Ahead, there are two ATM points—Rohru and Chirgaon. Networks will be available at Diude. There are no other networks ahead, so make sure you finish all your important work and calls before the trek.

Q13. Will there be washroom facilities during the trek?

During the trek, we set up separate toilet tents for women and gents. There will be a deep pit, use it and cover it with the help of a shovel. (Use toilet paper instead of wet wipes.)

Q14.Is Buran Ghati trek safe?

Buran Ghati is an intermediate-level trek. There are some risks, which include sliding and rappelling down a snow wall. But it is safe to do it with experienced leaders.

Q15. How much altitude do we cover each day on this trek?

-Janglik (2,804 m/9,200 feet)

-Dayara (3,376 m/11,075 feet)

-Litham (3,578 m/11,737 feet)

-Chandranahan Lake (4,327 m; 13,900 feet)

-Dhunda (4,074 m; 13,365 feet)

-Buran Ghati (4,572 m/15,000 feet)

© 2026, Treks and Trails India

Inclusions

- Accommodation: 1 Night in a Guest House / Homestay in Janglik and 5 Nights in Tented Accommodation on a double/triple sharing basis as per booking.
- Transportation: Surface transfer from Shimla – Janglik - Shimla by Sumo / Bolero / Tempo Traveler (depending on the number of travelers).
- Meals: All vegetarian meals from Day 1 Dinner to Day 7 Breakfast.
- Snacks: Morning/Evening Tea/Coffee with light snacks and soup while on the trek.
- Camping Logistics: Trekking tent, sleeping bags, mattresses, dining tent, kitchen tent, and toilet tent.
- Trek Leader: Qualified and experienced trek leader and support staff.
- Permits: All necessary fees and permits (for Indians).
- Trekking Equipment: Gaiters, micro spikes, and rope if required.
- Safety Equipment: Walkie-talkie, basic first aid kit with oximeter, and oxygen cylinder.
- Guide Ratio: Local experienced guide (depends on the group size).

Exclusions

- Meals during transit.
- Any surface transfer during the program other than mentioned.
- Fees and permits for non-Indian residents.
- Porter/mule charges to carry personal bags.
- Anything not mentioned explicitly in the inclusions.
- Insurance of any kind.
- Any personal expenses.
- Unscheduled stay due to landslides or other unforeseen events.
- Cost escalation due to "Force Majeure" and evacuation charges.
- **Note:** Bag offloading cost is Rs. 2400 (maximum weight should not be more than 10 kg).

Highlights

Mandatory Documents

© 2026, Treks and Trails India

Please carry the documents given below

- Original and photocopy of government photo identity card- (Aadhar Card, driving license, voters ID, etc.)
- Medical Certificate (first part to be filled by a doctor and second part by the trekker)
- Risk Certificates

Trekkers must bring :

- Strongly built hiking shoes, if you do not own a pair you can rent it from Sankri.
- Sandals or slippers to wear in campsite
- Thick woollen socks, it will keep your feet warm
- Daily wear socks
- Thermals are very important
- 1 shirt, it should be long sleeved
- Shirts and pants for campsite, should be warm
- 1 raincoat or poncho
- Jacket
- Thick gloves
- Trek pants
- Cap and Balaclava (or a scarf)
- Sun glasses
- Sun tan lotion
- Lip balm
- Water bottle
- Headlamp
- Personal toiletry items

ATM Point & Mobile connectivity:-

ATM POINT:

Withdraw money at Shimla, ahead there are two ATM points –Rohru and Chirgaon.

Mobile Connectivity

Networks will be available at Diude, there are no other networks ahead. So make sure you finish all your important work and calls before the trek.

© 2026, Treks and Trails India

Cancellation Policy

To ensure a seamless experience, we recommend booking your adventure at least two months in advance. Should the need arise to cancel your trek or adventure activity, we kindly request written notification. Cancellation charges will apply from the date we receive your written advice.

We understand the frustration of cancellations, but rest assured, we are committed to facilitating your next adventure with us.

We offer a cancellation policy that is fair, practical, and convenient for our customers.

Cancellation by Participant: If a participant wishes to cancel their booking for any reason, they must notify [Treks and Trails] in writing/email as soon as possible. The following cancellation charges will apply:

- 21+ days before trek: Free cancellation
- 15-20 days before trek: 25% of trip amount deducted
- 8-14 days before trek: 50% of trip amount deducted
- 0-7 days before trek: No refund

Reviews